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Volume 4, Issue 6

Created by the LakeRidge Social Committee



LakeRidge Ledger

Ways to Protect Your Identity

LakeRidge Social Committee Mission Statement
The LakeRidge Social Committee is comprised of a group of LakeRidge residents whose goal is to promote and plan neighborhood social functions thus developing good relationships and increasing the friendliness, safety and well-being of our community. Membership on the committee is voluntary.

Upcoming LakeRidge Events:

Dining Group-7PM

Tuesday, July 15
Bonefish Grill
Harrison/Weston Pkwy
Cary

Tuesday, August 19

Stonewood Grill
Cary Parkway

Rock Around the

Clock

October 4

End of White Lake Ct

We have all heard about people who have had their identities stolen and all that they've had to go through to get their credit back in shape. If each of us can be more aware and savvy, we can stop this from happening to us. Here are some tips that should help:

Don't carry your SS# card or checkbook with you.

Don't give out your SS# number to anyone unless you know why they need it, who's going to access it and how it will be kept confidential.

Don't print you SS# or Driver's License number on your checks.

Shred any forms, letters or receipts that have ANY personal account numbers or information on them.

Limit the number of credit cards you carry
Keep track of bills coming in to guard against missing bills & contact your creditor if one doesn't arrive.

Use automatic deposit and pay your bills

online whenever possible.

Keep copied credit cards (front & back) in a safe place in case one is lost or stolen

Don't share or carry with you any PINs or Passwords.

Call 1(888)5-OPT-OUT to stop pre-approved credit card applications.

Check your credit report regularly on www.annualcreditreport.com. Request a free report from a different agency every 4 months.

Beware of email or phone calls that ask for personal info even if it appears to be from your bank. Go to your bank website on your own to make sure it's valid.

Use one low limit credit card for online purchases.

To cut down on telemarketing calls, register your phone number with www.nocallsnc.com.

Next month we will suggest ways to freeze your credit so no one can open a new account in your name.

Welcome to Our New Neighbor

Nick Channing has recently taken up residence on Lake Tillery. He has lived in a lot of places but most recently in Georgia and has moved to Cary for his work at a landscaping company as Chief Estimator, cur-

rently assigned to a Citicorp project in Raleigh. You might see him out with his Schnauzer, Winston. Welcome to LakeRidge, Nick. Please join us at our Rock Around the Clock party. We'd all love to meet you.

We Need Your Eyes

As you may know, we have started a Community Watch in LakeRidge headed up by Greg Salley. He will be the contact person for us with the Cary Police Department. LakeRidge has been mostly crime free so far, but that could change. There are lots of things each of us as individuals can do to keep the threat at bay. The important thing is to be observant

and active in the effort. Our involvement is essential to combat crime.

Greg is currently looking for volunteers to be Block Captains. Let's all be more observant and get involved. We have the power to keep our community crime free. Please call Greg Salley with any questions or to volunteer as a Block Captain.

The good Lord didn't create anything without purpose, but the mosquito comes close.

Upcoming Dining Groups

In June the Dining Group went to Hawg Wild for Barbeque. Fourteen happy folks had a fun time eating and laughing the night away. They also helped Greg Salley celebrate his birthday. We're not telling how old he is though!!

We have decided to go for fish on July 15th. BoneFish Grill is located at the corner of Weston Parkway and Harrison. They offer the freshest fish around and wood-grill it to

perfection. Yum!

Then we have chosen the Stonewood Grill on Cary Parkway for August 19. They offer a menu that changes with the seasons. For the summer they have such things as Grilled Swordfish Bruschetta, Carpaccio, Pork Saltimbocca and Tiramisu for dessert.

So bring your appetite and a friend and join us this month and next.

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Here Come the Hurricanes

Nope, I'm not talking about the hockey team. It's that time of year again that we need to be mindful of the severe weather we might see coming through our area—hurricanes, tornadoes and strong thunderstorms. As the Boy/Girl Scouts taught us in our youth—we need to "Be Prepared". So let's all create a "Disaster Kit" and outsmart Mother Nature. It should include non-

perishable food, gallon jugs of water, clothing, medicine, important documents, money, batteries and flashlights, a weather radio and other things you might need if you have to relocate. Pack enough for at least 3 days.

And hopefully in October we'll look back and be relieved that we didn't have to use these things. Like Mom used to say "better safe than sorry." Thanks, Mom.

Rock Around the Clock

Dust off the poodle skirts and white bucks and join us on October 4 at the Lake end of White Lake Court.

We are going to be jumping and jiving to music from the 50's and 60's.

We'll even be cooking up food from then as well. There will be hoola hoop contests, karaoke'ing to the oldies and much more.

As with all of our events we will have beer, the 50/50 Raffle and door prizes too.

We will be giving you many more details in the coming months but wanted to give you time to climb into your attics to find your letter sweaters and bobby socks. Will they still fit? Also, be thinking about appetizer ideas from that time. Shrimp dip anyone?

Did You Know?

Here's one for you — to cure a hangover eat honey on crackers. Might need that for after the Rock Around the Clock party!!

Eating 3-4 walnuts daily, on an empty stomach, will help your arthritis

To stop the itch of mosquito bites apply lime juice diluted with water with a cotton ball.

Want to quit smoking? Try this: Lick a little salt with the tip of your tongue whenever you feel the urge to smoke. This is said to break the habit within 1 month.

To remove a splinter, lay adhesive tape over it and pull off slowly. Hey, one more use for duct tape.

Tables for Rent

Have an upcoming event where you need more table space - dinner party, family coming, yard sale, card night, etc? The Social

Committee has 6 and 8 foot tables available for rent for \$5 each. Contact any of the committee members to reserve.

